



**HOLLIDAY**  
COMPREHENSIVE DENTISTRY

## Arestin Post-Treatment Instructions for Patients

- Do not touch the area that has been treated
- Wait to brush for 12 hours after treatment
- Wait to floss or clean between treated teeth for at least 10 days
- Avoid eating hard, crunchy or sticky foods (ie: carrots, taffy, granola, gum, etc)
- Schedule and keep follow-up visits with the Dr. Holliday's office to maintain control of periodontal disease
- Some mild to moderate sensitivity is expected during the first week after SRP and administration of ARESTIN®. Notify Dr. Holliday's office promptly if pain, swelling, or other problems occur.
- Call Dr. Holliday's office if itching, swelling, rash, papules, reddening, difficulty breathing, or other signs and symptoms of possible hypersensitivity occur.

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